Mental health data for MAINE

DEPRESSIVE SYMPTOMS AMONG HIGH SCHOOL STUDENTS (Grades 9-12), 2009[MH1]

PERCENT OF HIGH SCHOOL STUDENTS WHO:	MAINE	UNITED STATES
Felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)		
Total	23%	26%
Male	19%	19%
Female	27%	34%

HAVING AT LEAST ONE MAJOR DEPRESSIVE EPISODE, AGES 12-17, 2005-2006[MH2]

PERCENT OF ADOLESCENTS AGES 12-17 WHO:	MAINE	UNITED STATES
Had at least one major depressive episode in the past year	9%	8%

VOMITED OR TOOK LAXATIVES, HIGH SCHOOL STUDENTS (Grades 9-12), 2009[MH1]

PERCENT OF HIGH SCHOOL STUDENTS WHO:	MAINE	UNITED STATES
Vomited or took laxatives to lose weight or to keep from gaining weight (during the 30 days before the survey)		
Total	7%	4%
Male	7%	3%
Female	7%	5%

SUICIDAL THOUGHTS AND ATTEMPTS AMONG HIGH SCHOOL STUDENTS (Grades 9-12), 2009[MH1]

PERCENT OF HIGH SCHOOL STUDENTS WHO:	MAINE	UNITED STATES
Seriously considered attempting suicide (during the 12 months before the survey)		
Total	12%	14%
Male	11%	10%
Female	14%	17%
Attempted suicide one or more times (during the 12 months before the survey)		
Total	8%	6%
Male	8%	5%
Female	8%	8%

POSITIVE SOCIAL SKILLS, AGES 12-17, 2007[MH3]

PERCENT OF ADOLESCENTS AGES 12-17 WHO:	MAINE	UNITED STATES
Consistently exhibit positive social skills,[+] according to parent	94%	93%

[+] Positive social skills is a composite measure of four positive social skills. Positive social skills are reports by parents and include respect for teachers and neighbors; getting along well with other children; trying to understand other people's feelings; and trying to resolve conflicts with classmates, family, or friends.

DATA NOTES

Data from the National Survey on Drug Use and Health and the National Survey of Children's Health have been rounded to the nearest whole number.

N/A: data does not exist on this measure for this state.

DATA SOURCES

[MH1] **High school data are from:** Centers for Disease Control and Prevention. (2010). *Youth Risk Behavior Surveillance Survey - United States, 2009.* Surveillance summaries: MMWR 2010; 59 (No. SS-5). Retrieved June 22nd, 2011, from http://www.cdc.gov/mmwr/pdf/ss/ss5905.pdf

[MH2] **Depressive episode data are from:** U.S. Department of Health and Human Service. (2010). *Results from the 2005 and 2006 National Survey on Drug Use and Health*. Table C.24. Retrieved July 12th, 2011, from http://www.oas.samhsa.gov/2k6State/AppC.htm#TabC-24

[MH3] **Positive social skill data are from:** Child and Adolescent Health Measurement Initiative; The Data Resource Center for Child and Adolescent Health. (2007). *National Survey of Children's Health*. Portland, OR: Child and Adolescent Health Measurement Initiative; The Data Resource Center for Child and Adolescent Health. Retrieved May 20, 2011, from www.nschdata.org