

## Mental health data for NORTH DAKOTA

### DEPRESSIVE SYMPTOMS AMONG HIGH SCHOOL STUDENTS (Grades 9-12), 2009<sup>MH1</sup>

PERCENT OF HIGH SCHOOL STUDENTS WHO:	NORTH DAKOTA	UNITED STATES
Felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)		
Total	23%	26%
Male	16%	19%
Female	31%	34%

### HAVING AT LEAST ONE MAJOR DEPRESSIVE EPISODE, AGES 12-17, 2005-2006<sup>MH2</sup>

PERCENT OF ADOLESCENTS AGES 12-17 WHO:	NORTH DAKOTA	UNITED STATES
Had at least one major depressive episode in the past year	9%	8%

### VOMITED OR TOOK LAXATIVES, HIGH SCHOOL STUDENTS (Grades 9-12), 2009<sup>MH1</sup>

PERCENT OF HIGH SCHOOL STUDENTS WHO:	NORTH DAKOTA	UNITED STATES
Vomited or took laxatives to lose weight or to keep from gaining weight (during the 30 days before the survey)		
Total	5%	4%
Male	3%	3%
Female	7%	5%

**SUICIDAL THOUGHTS AND ATTEMPTS AMONG HIGH SCHOOL STUDENTS (Grades 9-12), 2009<sup>MH1</sup>**

PERCENT OF HIGH SCHOOL STUDENTS WHO:	NORTH DAKOTA	UNITED STATES
Seriously considered attempting suicide (during the 12 months before the survey)		
Total	12%	14%
Male	9%	10%
Female	16%	17%
Attempted suicide one or more times (during the 12 months before the survey)		
Total	6%	6%
Male	5%	5%
Female	6%	8%

**POSITIVE SOCIAL SKILLS, AGES 12-17, 2007<sup>MH3</sup>**

PERCENT OF ADOLESCENTS AGES 12-17 WHO:	NORTH DAKOTA	UNITED STATES
Consistently exhibit positive social skills, <sup>+</sup> according to parent	95%	93%

<sup>+</sup> Positive social skills is a composite measure of four positive social skills. Positive social skills are reports by parents and include respect for teachers and neighbors; getting along well with other children; trying to understand other people’s feelings; and trying to resolve conflicts with classmates, family, or friends.

**DATA NOTES**

Data from the National Survey on Drug Use and Health and the National Survey of Children’s Health have been rounded to the nearest whole number.

N/A: data does not exist on this measure for this state.

**DATA SOURCES**

<sup>MH1</sup> **High school data are from:** Centers for Disease Control and Prevention. (2010). *Youth Risk Behavior Surveillance Survey - United States, 2009*. Surveillance summaries: MMWR 2010; 59 (No. SS-5). Retrieved June 22<sup>nd</sup>, 2011, from <http://www.cdc.gov/mmwr/pdf/ss/ss5905.pdf>

<sup>MH2</sup> **Depressive episode data are from:** U.S. Department of Health and Human Service. (2010). *Results from the 2005 and 2006 National Survey on Drug Use and Health*. Table C.24. Retrieved July 12<sup>th</sup>, 2011, from <http://www.oas.samhsa.gov/2k6State/AppC.htm#TabC-24>

<sup>MH3</sup> **Positive social skill data are from:** Child and Adolescent Health Measurement Initiative; The Data Resource Center for Child and Adolescent Health. (2007). *National Survey of Children's Health*. Portland, OR: Child and Adolescent Health Measurement Initiative; The Data Resource Center for Child and Adolescent Health. Retrieved May 20, 2011, from [www.nschdata.org](http://www.nschdata.org)

