

Continuum of Harm Statements

- Not saying or doing anything when you see someone hitting someone else.
- Believing that when a woman/girl says no to sex that you just have to try a little harder.
- Telling a guy he throws like a girl.
- Using the expression “that’s so gay” as a put-down.
- Using racial slurs.
- Honking or whistling at a girl walking down the street.
- Using alcohol or drugs to “loosen a girl up.”
- Yelling at your boyfriend or girlfriend for talking to another girl/guy.
- Grabbing a girl’s/guy’s butt as they walk down the hallway.
- Expecting a guy to pay for a date.
- Posting/sharing/forwarding a suggestive photo of someone.
- Listening to songs with violent lyrics.
- Calling a girl a sexually explicit name.
- Calling a boy a sexually explicit name.

(Thomas & Selitto-Penoza, 2009)