

Grant Program: TPP-Tier 2

Alaska

State of Alaska, Division of Public Health, Section of Women's, Children's & Family Health

Program Model/Strategy Promoting Health Among Teens- Comprehensive Education adaptation

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The State of Alaska, Division of Public Health, Section of Women's, Children's, and Family Health implementing a Promoting Health Among Teens- Comprehensive adaptation using trained peer health educators. The project will target youth ages 11-19, in five communities across the state of Alaska. This project will reach approximately 225 youth per year. Participants will be drawn from behavioral health residential facilities, alternative high schools, juvenile detention centers, foster care, and transitional housing. Additionally, the project will serve Alaska Native youth living in rural areas that experience high teen pregnancy rates. The goal of the project is to reduce the rates of teen pregnancy, HIV, and STIs among participants.

California

San Bernardino County Superintendent of Schools

Program Model/Strategy Positive Prevention PLUS: Sexual Health Education for California Youth

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The San Bernardino County Superintendent of Schools is implementing and evaluating Positive Prevention PLUS: Sexual Health Education for California Youth. Positive Prevention PLUS is an expansion of Positive Prevention HIV/STD Prevention Education for CA Youth, the most commonly used HIV/STD prevention curriculum in CA. Positive Prevention PLUS is being implemented in 18 suburban and rural high schools with high minority student enrollment, low socio-economic status, and low academic performance. This project reaches approximately 2,496 youth per year and aims to reduce teen birth rates, reduce the risk behaviors associated with those rates, and enhance prevention-related attitudes, self-efficacy and protective behaviors. An independent, rigorous evaluation of the project is being conducted by evaluators from California State University, San Bernardino.

Volunteers of America Los Angeles (VOALA)

Program Model/Strategy Preventing Adolescent Pregnancy Program

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Girls Inc. of Greater Los Angeles (GIGLA), a program of the social services non-profit VOALA is implementing and testing Preventing Adolescent Pregnancy program with middle and high school girls in five high need communities in Los Angeles (Hollywood, Boyle Heights, West LA, East LA, and South LA). Middle and high school participants will each receive their own age-appropriate and medically accurate curriculum, and, if necessary, be linked to community resource providers (i.e., contraception, reproductive health care, substance abuse services). The interactive program aims to develop greater skills, insights, values, motivation, and support to postpone or decrease sexual activity, as well as to use effective protection against STIs, HIV, and pregnancy among program participants. This project will reach approximately 320 youth per year. Parents or guardians of the girls are also targeted for participation in annual workshops on sexuality education.

Colorado

Denver Health and Hospital Authority

Program Model/Strategy Teen Outreach Program™ (TOP) with social media enhancement

Denver Health and Hospital Authority is testing the efficacy of adding an innovative cell phone-based adaptation, Teen Outreach Program for Medial Enhancement (TOP4ME), to an evidence-based, youth development intervention, Teen Outreach Program™ (TOP). The TOP4ME text messaging component emphasizes key learning components of the TOP model and increases opportunities for referrals. The grantee is implementing this project at Boys and Girls Clubs of Metro Denver. This project will reach approximately 200 youth per year. The project goal is to increase the number of participants who use contraception or remain abstinent in TOP4ME compared to the original TOP intervention.

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University of Colorado, Denver

Program Model/Strategy Circle of Life

This project targets 10-12 year olds enrolled in after-school programs at seven Native Boys and Girls clubs located in rural tribal reservation areas in North Dakota and South Dakota, representing 10 different tribes. This project will reach approximately 150 youth per year. The curriculum, Circle of Life, is a theory-based sexual risk reduction intervention designed specifically for Native youth that uses familiar symbols, stories, and ways of learning to build knowledge and skills to bring about behavior change in Native youth. The project is partnering with the Office of Minority Health to digitize Circle of Life and adapt components to accommodate shortened after-school programming. The project is also adapting Circle of Life to reflect tribal-specific content through digital, readily accessible techniques, such as digital story telling. The goal of this project is to scientifically evaluate the effectiveness of Circle of Life in reducing the probability of behavior resulting in pregnancy.

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District of Columbia

George Washington University

Program Model/Strategy Sé Tú Mismo (Be Yourself)

George Washington University (GWU), in collaboration with Identity, Inc. and Mary's Center, is implementing and evaluating Sé Tú Mismo (Be Yourself). Sé Tú Mismo (Be Yourself) is a 16-week youth development intervention that includes curriculum based group sessions, a social media and text messaging campaign, a weekend retreat, and development of an individual action plan. Approximately 160 Latino students in 9th and 10th grades in Washington, DC and Montgomery County, MD receive the program each year. The goals of the program are to delay sexual onset, increase contraceptive use, and prevent teenage pregnancy.

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Florida

Live the Life Ministries, Inc.

Program Model/Strategy WAIT Training

Live the Life Ministries, Inc. serves 14 counties in the "big bend" area of Florida using the WAIT Training program. In order to reach students in middle and high schools through this program, Live the Life is engaging and training 80 teachers as implementers. This project will reach approximately 1,375 youth per year. The WAIT Training program is based on the "sequence of success" which incorporates key evidence related to decision making for healthy relationships and outcomes. In order to improve the efficacy of the project, the grantee is working to integrate teen pregnancy prevention directly into the school environment. The overall goals of the program are to reduce teen pregnancy and STD rates by at least 15% for the target population.

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Hawaii

University of Hawaii

Program Model/Strategy Pono Choices

The University of Hawaii has created a culturally relevant curriculum, Pono Choices, based on existing evidence-based and evidence-informed models to specifically meet the needs of their target population. Pono Choices targets youth early through the middle school environment. This project will reach approximately 6,000 youth per year. Through the implementation of this project, the grantee will examine several outcomes including those focused on teen pregnancy, STIs, future orientation, and academic achievement. They are implementing a process-level and formative evaluation to help inform the program development using mechanisms such as focus groups, interviews, feedback, and other data sources.

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Indiana

PATH, Inc.

Program Model/Strategy Planned Potential

PATH, Inc. (A Positive Approach to Teen Health) is delivering the longitudinal three-year curriculum Planned Potential to Indiana middle schools in several rural Indiana counties. The Planned Potential program is a combination of the evidence-based program Project AIM (Adult Identity Mentoring) with the addition of new materials published by PATH known as Pathblazer. This intervention incorporates a positive youth development strategy with an abstinence approach to sex education and aims to increase youth's ability to make healthy choices regarding high risk behaviors, reduce teen pregnancy and STDs/HIV, and also increase high school completion. This project will reach approximately 700 youth per year.

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Kentucky

University of Louisville Research Foundation

Program Model/Strategy Reducing the Risk adaptation and Love Notes

The University of Louisville Research Foundation is implementing an adapted version of Reducing the Risk and Love Notes to high risk urban youth ages 14-19 (including immigrants, refugees, former foster youth and other youth from low income neighborhoods with high rates of teen pregnancy). The University of Louisville Research Foundation is testing their interventions by recruiting youth from seven to 15 community-based organizations and faith-based organizations from the lowest income neighborhoods in west and south central Louisville, KY. This project will reach approximately 360 youth per year.

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Louisiana

Tulane University

Program Model/Strategy e-SiHLE adaptation of SiHLE

Tulane University is delivering e-SiHLE to teenage African-American females, ages 18-19 in the Greater New Orleans area. The adaptation of Sisters Informing, Healing, Living and Empowering (SiHLE) to a web-based model focuses on reducing unintended pregnancies and reducing the risk of HIV and STIs among sexually active African-American adolescent females. This project will reach approximately 300 youth per year.

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Massachusetts

Black Ministerial Alliance of Boston

Program Model/Strategy Healthy Futures

The Black Ministerial Alliance is implementing and evaluating the Healthy Futures Program with approximately 1,500 middle school students from low-income families in three cities around the Boston area (Lowell, Lynn, and Lawrence). Healthy Futures is a holistic sexuality education program that includes curriculum-based group sessions, a peer education program, an interactive website, and programs for parents. The program aims to increase knowledge about HIV, STD, and pregnancy prevention; strengthen beliefs about the benefits of delaying sexual activity; increase intentions to delay sexual activity; and increase behaviors necessary to avoid teen pregnancy, STDs, and HIV. An independent, rigorous evaluation of the program is being conducted by evaluators from Boston University School of Public Health.

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Boston Medical Center

Program Model/Strategy Becoming a Responsible Teen (BART) adaptation

Boston Medical Center (BMC) is implementing and evaluating an adaptation of Becoming a Responsible Teen (BART) with at-risk Haitian-American youth in 9th and 10th grade in Boston. BART was adapted to the Haitian language and culture and additional material was added to the program to address mental health and trauma. The program is implemented after-school at public high schools with large Haitian student populations and reaches approximately 240 youth each year. The goals of the program are to increase knowledge and awareness, reduce risky sexual behaviors, and address the emotional and psychological needs that result from trauma. An independent, rigorous evaluation of the program is being conducted by evaluators from VISIONS Inc.

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New Jersey

Princeton Center for Leadership Training (PCLT)

Program Model/Strategy Teen Prevention Education Program (Teen PEP)

PCLT is implementing and testing Teen PEP in 16 North Carolina high schools in rural and high-poverty communities in the counties of Columbus, Greene, Forsyth, Lenoir, and Rockingham. Teen PEP is a school-based comprehensive sexual health program that trains peer educators in grades 11 and 12 during the school day to deliver programs to freshman students. This project will reach approximately 1,080 youth per year. The intervention addresses postponing sexual involvement; preventing unintended pregnancy, HIV/AIDS, and sexually transmitted infections; and reducing the impact of alcohol and drugs on sexual decision-making. All participants are exposed to a school-wide campaign developed by the peer educators to reinforce workshop messages.

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New Mexico

National Indian Youth Leadership Project (NIYLP)

Program Model/Strategy Web of Life, adaptation of Project Venture and Circle of Life

The National Indian Youth Leadership Project (NIYLP) is implementing the Web of Life Project in rural McKinley County in targeted middle and high schools. The project is serving approximately 1,200 Native American youth ages 12-17 per year. The Web of Life Project, a modification of the Project Venture and Circle of Life interventions, combines service learning, experiential learning, parent education, and curriculum-based sexual education. All activities are culturally appropriate for Native American youth. The goals of the project are to reduce teen pregnancy and improve communication skills among participants.

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New York

EngenderHealth

Program Model/Strategy Gender Matters

EngenderHealth is implementing the Gender Matters curriculum with 14 and 15 year olds in Travis County, TX. The program includes sixteen, 5-day workshops with groups of 13-15 youth, a text messaging campaign, and community-wide educational events developed by youth within the program. Youth also receive the curriculum through the summer youth employment program. This project reaches approximately 200 youth per year. Primary study goals for this project include reducing teen pregnancy by delaying the onset of sex among participants who are not sexually active; increasing the correct use of effective contraception among those who are; and increasing the proportion of youth who adopt health-seeking behaviors (such as a reproductive health care visit). Secondary goals for the project include influencing traditional beliefs about masculinity and femininity, advancing more equitable attitudes about relationships and the balance of power within them, and influencing other gender-specific views, such as responsibility for pregnancy prevention and ambivalence about pregnancy.

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South Dakota

Rural America Initiatives

Program Model/Strategy Project AIM integrated with Vision Quest

Rural America Initiatives' Ateyapi Identity Mentoring Program is integrating the American Indian Lakota cultural intervention Vision Quest, a Lakota American Indian practice that facilitates finding purpose in life, with the evidence-based Project AIM youth development model. The program targets Native American youth, ages 15-19, attending a public high school, primarily low-income, and many from multi-risk families. This project will enroll approximately 240 youth per year into the study with 120 of those youth receiving the intervention services. The project is implementing a rigorous evaluation study using a randomized control design. The overall goal for the Ateyapi Identity Project is to help Native youth make safe choices, especially about sexual behavior, through enhancing motivation to achieve a positive future, and to help youth understand the concept of the Native American legacy.

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Texas

Arlington Independent School District (AISD)

Program Model/Strategy Be Proud! Be Responsible! adaptation and dropout recovery programming

Arlington Independent School District (AISD) is implementing the Crossroads program. The program is based on the theory that putting youth in a situation through which they can have a physical and emotional connection to a positive message will increase their learning process. The project adapts the Be Proud! Be Responsible! curriculum, an evidence-based model, to implement it within a dropout recovery and prevention program within the school district. Through this program youth will have the opportunity to regularly meet with academic advisors and social workers and to be exposed to positive sex education and relationship messages. This project will reach approximately 300 youth per year.

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University of Texas Health Science Center at San Antonio

Program Model/Strategy Worth the Wait

The University of Texas Health Science Center at San Antonio is implementing the Sex Education Program (SEP). The project is serving high school students (grades 9 to 12) in the Judson Independent School District of suburban Bexar County. This project will reach approximately 1,200 youth per year. The project is providing in-school abstinence education based on the Worth the Wait curriculum combined with youth development activities and referrals to health care services. The goals of the project include decreasing teen births among participants, decreasing the number of sexual partners of participants, and increasing the age of sexual debut of participants.

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