

**Robin M. Sayles**  
**Arnold & Marie Schwartz College of Pharmacy and Health**  
**Sciences**  
**Of Long Island University**

During the summer of 2002 Robin participated in an asthma education program. Following the completion of training by a representative of GlaxoSmithKline Robin served as an asthma educator to four local community clinics in underserved areas of Newark and East Orange, New Jersey. Her direct responsibilities mirrored the goals and objectives set forth under the National Asthma Education and Prevention Program (NAEPP). In her capacity as an asthma educator, she specifically targeted patient populations with a history of asthma or obstructive pulmonary dysfunction, reviewed their charts for compliance with NIH treatment guidelines for asthma, followed with recommendations to their therapy and then participated in joint and individual educational sessions with patients and their families. At the completion of each session, Robin issued home and school asthma management plans to patients to help them better understand and manage their conditions. Robin also made weekly presentations to a HIV+ support group discussing with the group members their asthma-related medication in conjunction with the other medications they receive. She also participated at one of the clinic-sponsored health fairs, where she distributed free peak flow meters, spacers, information packages and provided individual counseling to patients that inquired.

Also during the summer of 2002 she represented the College of Pharmacy in a program jointly sponsored by CVS Pharmacy and a Harlem community group. The program identifies high school students from Harlem with an interest in studying pharmacy.

Robin presently serves as the National Vice President for the Student National Pharmaceutical Association (SNPhA) and is co-president of her graduating class of 2003. Previously, she has served as the College of Pharmacy's student body president for the 2001-2002 school year, as president of the local chapter SNPhA for two years, as the student representative to the College of Pharmacy's Council of Overseers and as a student board member to the New York City chapter of the Pharmaceutical Society of the State of New York. Robin's national appointment to the position of National Legislative Leader of SNPhA in January of 2002 resulted from her sincere love for the profession and the need to get students politically involved. Robin believes that the profession of pharmacy is at a critical transition point with respect to legislative issues. Robin has put together a guide to political action entitle, "Let's Get Political." In this guide, she outlines a step-by-step approach to organizing a student political agenda program leading up to a visit to a local, state, or national legislator's office.

